

ANNOUNCEMENTS

May 22, 2022



Caring Cooks – A New Ministry Outreach Program

If you pour yourself out for the hungry and satisfy the desire of the afflicted, then shall your light rise in the darkness and your gloom be as the noonday.

Isaiah 58:10

The Kitchen Ministry (KM) team is starting a new ministry called *Caring Cooks* (CC). This Care team will be making frozen prepared meals that the church will deliver to people in need. This service is greatly needed in our church community and beyond. The KM feels there is a need to start this ministry team to accomplish our church's needs.

We have selected **Tuesday, May 24th at 9:00 a.m. as our first cooking day.** If you are interested in this new team or if you can't make the two kick-off dates but would like to help, contact us at

kitchenministry@hollischurch.org

Feeding the needy is part of serving one another and as we serve others, we are serving Christ.

Time Restricted Eating — A Beginner's Guide to Intermittent Fasting

Wednesday, May 25, 2022 at 7:00 p.m.

Hybrid meeting via Zoom or in-person in Parkhurst Room

Liz Barbour is excited to share the basics of daily fasting to help you reach your health and weight loss goals. Liz has been practicing time restricted eating (intermittent fasting) since 2017 and is looking forward to helping you begin your healthy fasting lifestyle. Liz hosts the fasting support group "Live Free and Fast" on Facebook. **Registration is required for Zoom participation;** to register go to

<https://tinyurl.com/3axjb66c>

During class you will learn:

- The health and weight loss benefits of intermittent fasting.
- How to lose fat and gain energy while eating foods you love.
- How time restricted eating naturally improves your immune system.
- How to start fasting and choose a fasting schedule that works for your lifestyle.

To learn more about Liz visit her website: <https://www.thecreativefeast.com>



Free Concert Wednesday, June 8th at 7 pm - On Wednesday, June 8, we will be hosting the Angel Choir. The group will arrive at approximately 4:00 p.m. for a warmup and a potluck dinner. They will be presenting a free concert, open to all, at the church at 7:00 p.m.

We will need host families to host high school and college-aged singers of the Angel Choir and their adult chaperones. This would be for about 12 hours as they would go home with you after the concert and would return for an 8:30 AM

arrival back at church the next morning. Following safe church policies, they will be housed in pairs or trios. If we all pull together, we can offer an experience that we can all benefit from.

If you are curious about becoming a host for the night of June 8, please fill out the host form at

<https://tinyurl.com/angelchoirhost> or contact Beth Harper at: blharper@tds.net

Joy Hire is the choir director and her father is from Hollis. She is very excited to bring these wonderful young people to his hometown, which she loves so very much.

May Items of the Month: Personal Hygiene Products

- ◆ Toothbrushes/Toothpaste ◆ Dental Floss
- ◆ Razors/Blades ◆ Shaving Cream
- ◆ Soap Bars/Body Wash
- ◆ Shampoo/Conditioner ◆ Combs
- ◆ Deodorant ◆ Feminine Products
- ◆ Hand Lotion ◆ Body Lotion



Please place all donations in the collection bin outside at the center entrance or inside the center entrance in the M&A cart. Thank you!



Ash St Shelter Dinner Chefs Needed

We are looking for cooks to help provide dinners for the Ash Street Shelter on the second Friday of every month. **Open dates in October – December.** You just cook the meal and deliver; we provide you with a gift card to pay for the food. Please email Lee Harper at missionandaction@hollischurch.org if you would like to help.

Food & Fuel Assistance

If you know anyone needing food or fuel assistance, please ask them to contact Lee Harper at missionandaction@hollischurch.org.



Flowers –Sign up to sponsor the flowers at Sunday worship. The Flower Calendar is posted on the bulletin board outside the church office with plenty of dates available or send an email to sue@hollischurch.org to request a date and also send your dedication.

Coffee Hour – Coffee Hour Wednesday, from 10:00 a.m. – 11:00 a.m. Drop in for a few minutes or stay the hour. Look for the Zoom link in your email.



Church Office Hours this week:

Monday - Closed
Tuesday – 12:30 pm-3:30 pm
Wednesday – 12:30 pm-3:30 pm
Thursday – 12:30 pm-3:30 pm
Friday -Closed



If you need assistance please call (603) 465-7797 during office hours or email sue@hollischurch.org or churchoffice@hollischurch.org.

Community News...

May is Foster Care Awareness Month - NH is facing a crisis in their foster care system as we do not have enough homes for children.

Childhood is a time when we learn about values, building self-esteem and pride by accomplishing goals, the importance of education, and more. Foster parents help children learn these life lessons, sometimes for the first time. They help children get on the right path to become successful self-sufficient adults. Children and teens escaping abusive or neglectful situations need a safe place to live and be loved. We need your help to recruit new foster parents. We encourage people who are interested in fostering to connect with Independent Service Network. We partner with the Department of Children, Youth and Families in New Hampshire to provide ISO Foster Care to youth of all ages. We recruit, train and license foster and pre-adoptive homes throughout the State of New Hampshire. If you'd like more information, please contact our resource specialist Darlene Lugo at (603) 943-1136 or by e-mail at lugo@isnnh.com.

United Way of Greater Nashua – United Way is looking for 60 volunteers on Saturday, June 4th or Sunday, June 5th from 10am to 2pm to help collect food donations at close to 15 local grocery and convenience stores. The collected food will go to food pantries and soup kitchens serving the towns of Amherst, Brookline, Hollis, Hudson, Litchfield, Lyndeborough, Merrimack, Milford, Mont Vernon, Nashua, and Wilton who ordinarily run low on food supplies during summer months. Volunteers may register as individuals or teams of up to 6 people. Teams from companies, clubs, faith communities, and families are encouraged to participate. Register at the link below or contact us at sceaser@unitedwaynashua.org or (603)438-2173. Register here: https://www.volunteergreaternashua.org/need/detail/?need_id=687914